



OVERNIGHT OAT JARS

Minimum order of 6
 Individual mason jar (250ml)
 Priced per person
 Charged .50 cents for the jar
 Chia seeds only + \$1.5 each (GLUTEN FREE)
 Sub coconut milk +\$.50 (VEGAN)

CARROT CAKE OVERNIGHT OATS \$6

Maple Syrup, cinnamon, carrots, coconut, pecans, and raisins. Rolled oats + chia seeds soaked in milk. Topped with coconut, rasin pecan mix

CHIA SEED PUDDING \$6 GLUTEN FREE | VEGAN

Chia seeds with Oat milk, vanilla, maple syrup topped with berry compote

BERRY OAT JARS \$6

Rolled oats + chia seeds soaked in milk, vanilla, maple syrup overnight. Topped with berry compote + granola

CHOCOLATE NUT OAT JAR \$6

Rolled oats + chia seeds soaked in milk, coco, almond, vanilla + maple syrup. Topped with candied pecans

HASHES

Minimum order of 6 * Priced per person *
 Come with hot sauce + ketchup * +\$2 for individual portions

CHORIZO HASH \$12

Chorizo sausage, fried potato, corn, red peppers, jalapeño, red onions, cheddar cheese + baked eggs

DENVER HASH \$12

Smoked ham, fried potato, red onion, bell pepper, spinach, cheddar cheese + baked eggs

CANADIAN HASH \$16

Smoked ham, bacon, English banger sausage, fried potato, bell pepper, red onion, maple syrup + baked eggs

FLORENTINE HASH \$12

Spinach, bechamel, sundried tomato, goat cheese, mozzarella + baked eggs

VEGAN FARMERS HASH \$15

Plant based sausage, butternut squash, red onion, spinach, cashew cheese sauce

BREAKFAST BUFFET

Minimum order of 6
 Priced per person
 Comes with hot sauce + ketchup
 Can add Plant based sausage \$3 (1 per person)

SEYMOUR \$20

Herb scramble eggs (2 eggs per person)
 Fried breakfast potato
 Choice of: English banger sausage or bacon (2 pieces per person)
 Choice of: Fruit + berry platter or fresh whole fruit
 Add on: Plant based sausage \$3

CYPRESS \$24

Cheesy cheddar scrambled eggs (2 eggs per person)
 Fried breakfast potato tossed with roasted red pepper + basil
 Choose of 2: English banger sausage, bacon, or chorizo
 Choice of: Fruit + berry platter or fresh fruit basket
 Add on: Plant based sausage \$3

GROUSE \$30

Cheesy cheddar scrambled eggs
 English banger sausage, bacon + chorizo fried breakfast potato tossed with roasted red pepper + basil
 Choice of: Fruit + berry platter or fresh fruit basket
 Add on: Plant based sausage \$3

THE CHIEF \$30 VEGAN

"Cheesy" kale tofu scramble
 fried breakfast potato with roasted red pepper + basil
 Plant based sausage
 Choice of: Fruit + berry platter or fresh fruit basket

BREAKFAST PLATTERS

SMALL - snack for up to 10 people
 MEDIUM - snack for up to 20 people
 LARGE - snack for up to 30 people

FRUIT + BERRY PLATTER \$65 | M \$130 | L \$195

Sliced melon, berries, grapes + citrus

FRUIT SALAD \$8

Cubed fruit, berries + citrus with mint, honey + lavender

FRESH FRUIT BASKET \$3 (1 PER PERSON)

Oranges, apples + banana

FRESH BAKED PASTRIES \$5

Assortment of mini pastries:
 Croissants, pain au chocolate, Danishes + cinnamon rolls

BWAK MUFFIN PLATTER \$5

Assorted full-size fresh baked muffins with fruit garnish, butter + jam

BREAKFAST HANDHELDS

* Minimum order of 6 * Priced per person *

HAM BREAKFAST SANDWICH \$8

1 egg omelette, ham, cheddar cheese + pasilla mayo on English muffin

BACON BREAKFAST SANDWICH \$8

1 egg omelette, bacon, cheddar cheese + pasilla mayo on English muffin

TURKEY BREAKFAST SANDWICH \$8

1 egg omelette, turkey, cheddar cheese + pasilla mayo on English muffin

TOMATO BREAKFAST SANDWICH \$8

1 egg omelette, tomato, cheddar cheese + pesto mayo on English muffin

BACON + EGG BREAKFAST BURRITO \$8

1 egg omelette, bacon, cheddar cheese + pasilla mayo wrapped up in flour tortilla

TOMATO BREAKFAST BURRITO \$8

1 egg omelette, tomato, cheddar cheese + pesto mayo wrapped up in flour tortilla

BYO BREAKFAST PLATTERS

BAGELS + SCHMEARS \$8 (BUILD YOUR OWN)

Trio of whipped cream cheese with grilled everything bagels.
 Served with Shmears:
 Greek feta, olive, oregano + lemon
 Sundried tomato + basil
 Lemon dill

SWEET CINNIMON RASIN BAGELS \$8 (BUILD YOUR OWN)

With whipped cream cheese + butter

LOX + BAGELS \$14 (BUILD YOUR OWN)

Smoked salmon, capers, red onion, fresh dill + chives, whipped cream cheese, onion butter with everything bagels